

SENSORY PROCESSING AND AUTISM

PROGRAMME

DAY 1

9.00 – 9.15 am	Registration - join the Zoom room
9.15 am	Welcome and introduction to course
9.45 – 10.15 am	Autism
10.15 – 10.25 am	Break
10.25 – 11.15 am	Neuroscience and autism
11.15 – 11.30 am	Coffee break
11.30 – 12.45 pm	Sensory processing and autism
12.45 – 1.45 pm	Lunch
1.45 – 3.00 pm	Sensory processing and autism with workshops
3.00 pm	Sign out of Zoom

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DAY 2

9.15 am	Welcome and book reviews
9.30 – 10.20 am	Arousal, regulation and autism
10.20 – 10.30 am	Break
10.30 – 11.20 am	Regulation strategies
11.20 – 11.35 am	Coffee break
11.35 – 12.30 pm	Sensory strategies and autism
12.30 – 1.30 pm	Lunch
1.30 – 2.15 pm	Intervention
2.15 – 3.00 pm	Intervention workshops
3.00 pm	Sign out of Zoom
3.00 – 4.00 pm	Optional - Zoom room open for an hour to drop in and ask any questions

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DAY 3

9.00 – 11.00 am	Complete workshop activities in your own time, applying Day 1 and Day 2 material to your own case and setting
11.00 am	Join Zoom room
11.00 – 11.50 am	Sensory strategies for specific difficulties
11.50 – 12.00 pm	Coffee break
12.00 – 12.50 pm	Creating an autism friendly environment
12.50 – 1.00 pm	Questions and answers
1.00 – 1.45 pm	Lunch
1.45 – 2.45 pm	Feedback on own case work
2.45 – 3.00 pm	Conclusion