

MAKING SENSE OF BEHAVIOUR

PROGRAMME

5 MAY 2021

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| 9.15 am | Join the Zoom session |
| 9.30 am | Welcome and introduction |
| 9.45 – 10.35 am | Formulation and analysing behaviour: defining the problem |
| 10.35 – 10.45 am | Break |
| 10.45 – 11.35 am | Analysing behaviour: understanding triggers and recognizing vulnerability |
| 11.35 – 11.50 am | Coffee break |
| 11.50 – 12.45 pm | Analysing sensory behaviours |
| 12.45 – 1.45 pm | Lunch |
| 1.45 – 3.00 pm | Workshop activities in breakout rooms |
| 3.00 pm | Sign out of Zoom |
| 3.00 – 4.00 pm | Zoom room open for an hour to drop in and ask any questions (optional) |

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6 MAY 2021

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| 9.15 am | Join the Zoom session |
| 9.30 – 10.15 am | Feedback session on Day 1 workshop activities |
| 10.15 – 10.25 am | Break |
| 10.25 – 11.15 am | Analysing behaviour: understanding maintaining and perpetuating factors |
| 11.15 – 11.30 am | Coffee break |
| 11.30 – 12.30 pm | Analysing behaviour: understanding maintaining and perpetuating factors |
| 12.30 - 1.30pm | Lunch |
| 1.30 – 3.00 pm | Workshop activities in breakout rooms |
| 3.00 pm | Sign out of Zoom |

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19 MAY 2021

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| Morning | Workshop activities, applying material from Day 1 and 2, to your own case and your setting |
| 1.00 pm | Join the Zoom session |
| 1.00 – 2.00 pm | Feedback session on workshop activities |
| 2.00 – 2.15 pm | Break |
| 2.15 – 3.15 pm | Intervention principles |
| 3.15 – 3.30 pm | Conclusion |
| 3.30 pm | Sign out of Zoom |